



Krazy Kosci Klimb



Krazy Kosci Klimb February 17-20, 2017

What is it?

The Krazy Kosci Klimb is an empowering challenge event for young people living with a disability. Open to people from nine years of age upwards this event will see 20 young people assisted by their support teams attempt to reach the top Australia.

Proudly supporting Cerebral Palsy Alliance, the event raises funds to support the accessible sport and recreation programs at Cerebral Palsy Alliance. With the funds raised by the Krazy Kosci Klimb, Cerebral Palsy Alliance will be able to purchase specialised equipment and provide qualified exercise physiologists to support exercise and sporting programs for teenagers and adults with intellectual and physical disabilities.

“An unforgettable adventure shared with my family, the sense of achievement was incredible, no doubt this is an epic adventure both physical and mentally. The support from our group leader and corporate partner was priceless. The Krazy Kosci Klimb is a bucket list must do”.

Sophie Marmont 2016 Participant



Andrew West and his team

The Goal

The Krazy Kosci Klimb is a once in a lifetime opportunity for young people living with a disability. Conquering this challenge will see you cover 18.4kms in total, starting from Charlotte Pass, and walking the summit track to the top of Mount Kosciuszko and returning to Charlotte Pass.

Each of the 20 teams will be sponsored by a corporate partner. Your team sponsor will have four of their employees join us on the challenge, and together with you and your family will form your support team.

Part of the challenge will be for each team to fundraise in the lead up to the event. Collectively our goal is to raise \$300,000. In your team and together with the support of your corporate sponsor your challenge will be to raise funds in the lead up to the event, encouraging your family, friends and local community to support you.

You will be given plenty of support and encouragement as well as opportunities to meet with other teams and share in your experience along the way.

To get a real insight into the Krazy Kosci Klimb check out the video from 2016

“The Krazy Kosci Klimb was a fantastic experience for me, it helped develop my self-confidence and rewarded me with an amazing sense of achievement standing at the top of Australia! The support, not just from my team, but from all the other corporate sponsors and volunteers, played a big part in motivating me to continue travelling up and down the mountain.”

Jack McCutcheon 2016 participant



What You Can Expect

The Krazy Kosci Klimb will be a challenge like no other. To participate, you will need to be willing to take a step into the unknown. Be prepared to experience the extreme – and have a lot of fun!

What the weekend looks like

The Krazy Kosci Klimb will take place on the Saturday. The participants and their teams will need to arrive in Jindabyne on Friday afternoon ready for the pre event welcome dinner and briefing. You will be up bright and early on Saturday morning ready to embark on the challenge.

Teams will leave Charlotte Pass starting from 7.00am at regular intervals. It is anticipated that all teams will have completed the 18.4km course by 5.00pm. We will finish the day off with a celebration dinner and disco back in Jindabyne and well deserved sleep, before leaving to return home on the Sunday.



What the challenge looks like

The Krazy Kosci Klimb is a remote outdoor challenge, which is expected to take the teams between 6 and 8 hours to complete. We will have regular checkpoints placed approximately every 2.5km, where food and beverages will be available but otherwise the facilities are limited. Toilets are available at the start of the course, at the 5km, 6.5km and 8.5km mark, and again at the finish.



The trail from Charlotte Pass to the top of Mount Kosciuszko is a rocky one. The track is a steady incline with some steep aspects in parts. It is stony and uneven, so the 'Klimb' is not suitable for motorised wheelchairs. However, the Krazy Kosci Klimb Team can provide additional equipment and encourages people with all levels of mobility to apply.

The temperatures on Mt Kosciuszko can change considerably during the course of the day. Each team will be given a list of mandatory items to bring including recommended clothing to accommodate for all weather conditions. The weather on Mt Kosciuszko is unpredictable and on the day of the climb we could have sun, rain, hail or snow...or all of the above in the one day!

Fundraising

As a team part of the challenge is to raise funds in the lead up to the challenge. We will set your team up with an online fundraising page for friends, family and local community to donate to. You can also hold team fundraising events and even get the local media on board to promote your challenge. We will give you all the support and advice you need in order to make a huge success of fundraising. In 2016 everyone in the Krazy Kosci Klimb raised an amazing...

\$270 000

We know the Krazy Kosci Klimb team in 2017 can reach and exceed this!

The support you will receive

In the lead up to the challenge there will be three team meetings. These team meetings will be an opportunity to meet your support crew, for us to give you fundraising advice and support along with training advice and tell you in a lot more detail all about the Krazy Kosci Klimb. We will also send you regular emails full of extra information and we are always just a phone call or email away.

Safety during the weekend

Please be assured that the Krazy Kosci Klimb organising team have your safety and care as a top priority. The event is supported by a team of 60 volunteers, including CP trained therapists, doctors, registered nurses and senior first aid accredited staff. We also work very closely with local National park rangers and emergency services should anyone require clinical care or medical attention.

What's included?

The Krazy Kosci Klimb is free for the 20 young people and their families participating. All costs will be met including your accommodation at the Jindabyne Sport and Recreation facilities on Friday and Saturday night, as well as all your meals from Friday evening through to Sunday breakfast. All you need to bring is your gear and your enthusiasm.



What We Are Looking For

The Krazy Kosci Klimb is all about teamwork. You will form part of a team of eight people that will consist of your parents or carers, your siblings (if they would like to join you) along with the four employees from your sponsor organisation. Together you will support each other to take on the challenge and conquer Mount Kosciuszko.

Two members of your team should be people who know you very well (family or friends) so they will be able to meet any of your general day to day care needs. All members of your team only need to have a basic level of fitness and an enthusiasm to participate and support you in this event. In addition to your two key family members or carers we can accommodate two other close family members or family friends that you would like to bring with you.



Media

The Krazy Kosci Klimb is a major event and as such may attract media attention. By taking part there is an expectation that participants will have no objection to the use of any photographs/digital footage of them in any associated publications. These images may be used for external or promotional activities for Cerebral Palsy Alliance, including print, video, website and television and/or other medium. If you do have any objections, please advise us when applying.

This application form is intended to help you decide if this is an event that you would like to participate in. The fact that you are taking the step to complete this is an indication that you have the right mindset and attitude to take on the challenge of the Krazy Kosci Klimb.

The Krazy Kosci Klimb Team will be in touch with you once all registrations have been received to let you know if you have been successful in securing a spot in this challenge.

“Krazy Kosci Klimb was probably the most exceptional and unique adventure I have been part of. My family have been there with me for most challenges in my life and it was so wonderful to conquer something so “Kraztastic” with them by my side. I felt an incredible sense of pride, and unexplainable bond with my team, all the participants and their families.”

Fairlie Hobson 2016 participant



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